



Senior Community Services

10201 Wayzata Boulevard, Suite 335
Minnetonka, MN 55305
952-541-1019
www.seniorcommunity.org

Educational Opportunities

Senior Community Services offers presentations for businesses on pertinent aging topics. These classes can be customized depending on your individual needs. Classes range from 1-2 hours in length.

HOME Program Presentations

Stay Safe at Home

Did you know that, according to the National Council on Aging, one-third of Americans aged 65+ falls each year? Join us to learn fall prevention tips and find out more about a Home Health and Safety Assessment. Members of the HOME team from Senior Community Services will lead a presentation explaining how we can assist in making safety improvements that will keep you in your home.

For more information on HOME Program presentations, please contact:

Allison Bendickson
Communications & Fundraising Assistant
952-767-7899
a.bendickson@seniorcommunity.org



Senior Community Services

Senior Outreach & Caregivers Services Presentations

Resources to Maintain Senior Independence

Seniors can encounter many challenges to their independence. In addition to its many rewards, caregiving for a loved one can also present difficulties. This presentation covers various approaches and services that can help support seniors who want to continue living at home.

Health Care Directive: The Difficult Conversation Worth Having

Everyone is at risk of not being able to make his or her own health care decisions. This presentation outlines key points to consider before preparing an advance directive and ways to discuss the directive with your loved ones.

Understanding the Caregiver Experience

This presentation focuses directly on the caregiver. We take a look at definitions and demographics of caregivers, challenges faced by caregivers, understanding the caregiver experience, and caregiver supports, including an online care team tool.

Crisis Averted – A Little Planning Goes a Long Way

This presentation provides a basic overview of planning for one's future. It touches on topics such as personal assessment of needs and values, housing options, financial planning, advance care planning and health care directives.

Caregiving 101

Are you a caregiver? Nearly 1 in 4 workers age 46 to 64 are caregivers for a family member. Learn about caregiving trends and resources to support you in this important role.

Difficult Conversations with Our Parents

Discussing sensitive issues with our parents can be challenging. Learn helpful communication techniques in dealing with an elder facing life transitions.

For more information on Senior Outreach & Caregivers Services presentations, please contact:

Allison Bendickson
Communications & Fundraising Assistant
952-767-7899
a.bendickson@seniorcommunity.org



Senior Community Services

Medicare Presentations

Navigating Medicare – For Businesses

This class is an opportunity to provide basic Medicare information and covers topics such as enrolling in Medicare, Medicare parts A, B, C and D, supplement comparison and Medicare advantage plans.

This class is customized for each employer working with the insurance agent to be sure we have an understanding about their current medical group coverage including whether HSA's or HRA's are part of the benefit package.

Our goal is to provide unbiased educational information so that people can be ready with their questions when they talk to an agent. We encourage the employer to invite employees that are caregivers, those close to retirement age, family members, and those helping with benefit questions.

Navigating Medicare – For the General Public

Thinking about or getting ready to retire? Are you a family member/caregiver to someone that has Medicare coverages? Already have Medicare and just want to know what is going to happen with it? This is a chance for everyone to learn about Medicare. We will discuss Medicare parts A, B, C, and D coverages. **This class is an educational opportunity only. Not a sales pitch.**

For more information on Medicare presentations, please contact:

Allison Bendickson

Communications & Fundraising Assistant

952-767-7899

a.bendickson@seniorcommunity.org