

# Household & Outside Maintenance for Elderly (HOME)

## Handyperson Spotlight

When Mike retired from his job of 38 years at Honeywell in 2008, he knew he wanted to find a way to become more involved in the community. But every opportunity seemed to amount to two activities: attending meetings and raising money. Mike had committed nearly four decades of his life to these things already. He wanted something different.

One day at the gym, Mike voiced his frustration to his friend Bernie. "Have you heard of Senior Community Services?" said Bernie, "it's cool because you get to do stuff with your hands and every day is something different." Mike took his friend's advice and became a handyperson with the HOME Program nine years ago. He has put his self-taught home repair skills to the test by helping countless clients complete minor repairs to stay in their homes.



HOME Handyperson Mike (left) with HOME Client Jean (right)



Mike does a variety of tasks such as deck repairs, hanging drapes, fixing kitchen shelves, and replacing faucets. "The main reason you give up your home is you can't afford to have these things done," Jean continues, "I couldn't have done it myself."

Jean moved from England to America about 30 years ago for her late husband's job. Although she has family in the area, Jean lives on her own and uses the HOME Program to help with all manner of minor repairs. "Mike has always been really reliable. He goes beyond what he needs to do to be helpful," Jean shares.

I like this work because it is relational in nature," Mike offers. "The clients are

appreciative of what the program has to offer."

If you are needing handyperson tasks done around the house, contact Bethany at (952) 767-7886 to see if we can help!

## Inside This Issue

HOME SAFETY	2
PREPARING FOR WINTER	3
THANK YOU VOLUNTEERS	4
DONATIONS	5
FALL & WINTER HOME SERVICES	6
CLIENT SIGN UP	7

## Fall 2017

## HOME ORGANIZING PILOT PROGRAM

Sometimes the chaos of life spills over into our living spaces and there may be areas of your home that need some TLC. Are you ready to tackle your organizing project, but are not sure where to start? Do you ever wish there was someone to help guide you through de-cluttering and organizing a room or your home? We are a non-judgmental resource that you can depend on. This service is offered at market rate. For more information or to get started contact Valerie Anderson at 952-767-7893 or [v.anderson@seniorcommunity.org](mailto:v.anderson@seniorcommunity.org).

# Home Safety

## Home Safety Checklist

Did you know that according to the National Council on Aging one-third of Americans aged 65+ falls each year? What can you do to help prevent a fall? With the annual fall prevention awareness day coming up on September 22<sup>nd</sup>, now is the time to take some simple steps to reduce your risk of falls at home. Listed below are some questions to help you think about safety in your own home.

### Look at your entrances and stairways in your home.

Can you easily see the edges of the steps? Are they well lit?  
Are the steps free from clutter? Are the railings sturdy?  
Are rugs secured to the floor, or can they be removed?

**In your bedroom:** Is there a telephone in the bedroom?  
Can I reach the light easily when getting in/out of bed?  
Are walkways clear from clutter?



**In your bathroom:** Can I get on and off the toilet easily? Is there a night light in the bathroom?  
Are towels, shampoo, and soap easy to reach? Does the shower or tub have non-skid surfaces?

**In your living room area:** Are all rugs flat and secure? Are light switches easily accessible?  
Are cords, furniture, and clutter kept away from walkways? Can they be removed?  
Can you get in and out of your furniture easily?

**In your Kitchen:** Can I reach all items I need without using a stool or reaching over a stove?  
Can I mop up spills easily? Is there good lighting?

HOME offers a free Safety Assessment at your house! A safety assessment expert will come and look for safety concerns including: tripping hazards, inadequate lighting, and the need for grab bars around your home. After the inspection, we will work with you to complete the recommended repairs.

For questions about this HOME service or to sign up for a safety assessment contact Jon at 952-767-7896. You can also sign-up for an assessment on the chore sign up form!



ASSURED LIVING

## Best Buy Unveils Assured Living in the Twin Cities

Senior Community Services is teaming up with Best Buy to promote their new Assured Living service. Assured Living is a new customizable service that uses smart home technology to reassure caregivers that their parent can continue to live independently and safely in their own home. A personalized dashboard uses sensors in the parent's home to give the caregiver piece of mind by notifying them of any unusual occurrences.

Assured Living also uses home automation technology to make daily tasks such turning on and off lights, locking doors, and adjusting the thermostat even easier. The wi-fi doorbell even lets you see who's at the door without getting up from the sofa.

Please indicate your interest on the sign-up form if you would like more information or call Jon at 952-767-7896. Thank you!

## Energy Assistance Program

When heating prices skyrocket or a financial situation changes, many families are left worried about their heat being shut off. Community Action Partnership of Hennepin County (CAP-HC) offers the Energy Assistance Program (EAP) to help those who are struggling to pay their home energy bills. The program runs from Oct. 1<sup>st</sup> to May 31<sup>st</sup> each year and provides grants to those who qualify towards their heating and energy bills. Eligibility is based on household gross income and household size. Both renters and homeowner's can apply for assistance. EAP is available to all eligible Hennepin County residents, including the City of Minneapolis. The 2017-2018 EAP application will be available for download on CAP-HC's website at [www.caphennepin.org](http://www.caphennepin.org) in mid to late September. Applicants can also call CAP-HC at 952-930-3541 and request an application.

Through the Energy Assistance Program, applicants can also sign up for help with emergency energy repairs to their home. The Energy Related Repairs (ERR) program provides emergency repair or replacement of broke/non-functioning heating systems (ex. Furnace) for Energy Assistance clients. To contact CAP-HC about problems with your heating system, please call 952-697-1411.

## Building Community Through Shoveling Snow

Two years ago, the Boys to Men Club of Sanctuary Covenant Church began in North Minneapolis. The club provides an opportunity for young boys and men to participate in service projects, paid work, contests and fun activities. "Our main goal is to provide opportunities for boys in our neighborhood to become heroes," said leader, Nate Streeter.

Since the winter of 2015-2016, Boys to Men has teamed up with Senior Community Services (SCS) to shovel for seniors. The match was just what Nate and the Boys to Men members were looking for. It was an opportunity for the boys to meet and help people in their own neighborhood.



Some of the members of Boys to Men are only involved for a short time, but it provides an opportunity to develop community and meaningful relationships where they live. "When we talk about building community, some of that is just building opportunities for different kinds of people to engage with each other," Nate continued, "SCS has been great for us as one of the tools to do that."

"We are trying to develop relationships between boys and their neighbors," Nate said. "Bridging gaps between seniors and young people is really important." Come next winter, Boys to Men will continue building relationships in their neighborhood by shoveling for the HOME Program. "It's something that the seniors appreciate and it's a way for the boys to meet people that they might not ordinarily meet on a day-to-day basis," Nate said.



If you have a group that would be interested in partnering with us to provide ongoing snow removal or lawn mowing contact Bethany at [b.sapp@seniorcommunity.org](mailto:b.sapp@seniorcommunity.org) or (952) 767-7886.

Want to tell the HOME Program something? Your suggestions, compliments, sharing a funny story or special moment with the HOME program is encouraged. We want to hear it! Your insights are important. Write to us or e-mail us at: [home@seniorcommunity.org](mailto:home@seniorcommunity.org)

# Thank You Volunteers

75 Internet of the Air  
 American Express  
 Asp, Jim  
 Bertsch, Bryan & Family  
 Best Buy  
 Bhat, Sukanya  
 Black & Veatch  
 Breck School  
 Cargill  
 Carlson Hotels  
 Carlson, Mary  
 Carroll, Dave  
 Christiansen, Robert  
 Church of Jesus Christ of LDS  
 Colburn, Ron  
 Dranginis, Fran  
 Gifford, David  
 Girl Scout Troop 14191  
 Girl Scout Troop 16432  
 Greater Mpls Council of Churches,  
   Urban Immersion  
 Hilton Hotel  
 Hoy, Alayna  
 Hoyt, Marilyn & Bob  
 Interfaith Outreach  
 Johnson, Michael

Karas, Jacque  
 Karlsson Consulting Company  
 Kelly, Carol & Family  
 Kern, Dick  
 Kettenhofen, Bria  
 LaBounty, Chris  
 Liberty Diversified Inc  
 Liberty Mutual Life Ins.  
 Licursi, Rachel & Family  
 Luce, Jess  
 Maas, Jackie & Family  
 McGrew, Dean  
 Medica  
 Minnetonka High School  
 Mtka Senior Center,  
   Mailers Group  
 Moishe House  
 Nelson, Dean  
 NET Ministries  
 O'Neill, Jay & Daren  
 Olson, Moira  
 Parker Hannifin  
 Phillips, Stephanie  
 Plus Relocation  
 Prasad, Arjun  
 Rogers, Bob

Schissel, Meg  
 Schneider, Bob & Sally  
 Southview Middle School  
 Spott, Brian & Family  
 St. Andrews Lutheran Church  
 Steinweg, Claire  
 Tanchin, Tina & Family  
 TCF Bank  
 The Weitz Company  
 Traveler's Insurance  
 Trinity Exteriors  
 Unlock Church  
 VanDromelen, Ryan  
 Wang, Walter  
 Watson, Ken  
 Wayzata High School  
 Week of Hope Work-camp  
 Weiss, Brad  
 Whitfield, Frances  
 Wichman, Dan  
 Wirth, Bill  
 Wong, Ashley & Family  
 Workin, Rachel  
 Zell-Hanson, Bryan & Family

## GRATITUDE FOR VOLUNTEERS

Outstanding individual and groups of volunteers assisted many HOME clients with a variety of tasks this past spring and summer. "I am so appreciative of the yard work you did for me. You are one of the reasons I'm able to continue to live independently," wrote a client. Some clients provide light refreshments in appreciation or make a donation to the HOME Program in honor of the volunteers.

Volunteers enjoy helping, especially when the client is grateful. A volunteer wrote, "Thank you so much for the opportunity to get away from our desks to do something fun and meaningful. We all had a great time." If you would like to volunteer with the HOME Program, contact Jeanne at [scsvolunteer@seniorcommunity.org](mailto:scsvolunteer@seniorcommunity.org) or 952-767-7894.



1st Annual Volunteer Appreciation Party  
 Volunteers enjoying the beach party with live music!

Listed below are donations received since our Spring 2017 newsletter and prior to print deadlines for this edition. Once again, we thank all the clients, caregivers, faith based groups, organizations, friends, families, and others for their generous support. A convenient envelope is included if you wish to honor or remember someone with your donation.

## In Memory

Anderson, Paul.....Elizabeth  
Baker, Nancy.....Maxine Baker  
Biegner, Robert.....Glori Biegner  
Carson, Lenore & Roland.....Carolyn C. Carson  
Christina, Elaine.....Husband, Paul  
Douville, Marjorie.....Brother, Sonny  
Edgar, Marcey.....Ron Edgar  
Elsmore, Avis.....My husband, Russ  
Fearon, Joan.....Son, John  
Herbert, Trish.....Peter  
Irwin, Marion.....Robert Irwin  
Javinsky, Cecile.....Joe Hieb  
Klein, Donald.....Marie  
Lewis, Rosie.....My Mom/Grandmother, Beth  
McKesson, Shirley.....Bertha Haney  
Meyer, Lorraine.....Quade, Louis & Catherine  
Mileski, Mary.....Dick  
Moe, Robert & Barbara.....Our Parents  
Olson, Dorothy.....Ernest Olson  
Olson, Eleanor.....My brother, Daniel Olson  
Rekowski, Phyllis.....Ervan  
Roe, Audrey.....My sisters & Eunice  
Rosenlund, Mary Ann.....My husband, Arne  
Rosenlund, Mary Ann.....My Son-In-Law, Russ  
Sanford, Violet.....Mother, Katherine Wannow  
Schmeidel, Dolores.....Mary Carver  
Skiba, Carroll.....Paul Skiba

## In Honor

Anonymous.....Ron Coburn  
Amaris, Victoria.....Those who care & have helped me  
Bauer, Lavern.....All helpers  
Caterina, Patricia.....My husband, Tony  
Douville, Marjorie.....Renee & Jon  
Gawreluk, Rosalia.....Volunteers  
Hamel, Carolyn.....Love & Thanks  
Irwin, Marion.....Barb Zahn  
Juengel, Patricia.....All the HOME workers  
Koerber, Heidi.....Brian  
Long, Earl.....D.A.V. - WWII Veterans  
Martinek, MaryAnn.....Ethel Berg  
Mileski, Mary.....Dick  
Moe, Robert & Barbara.....Our Grandchildren  
Olson, Eleanor.....My mother, Eleanor Olson  
O'Neill, Darlene.....Jesus Christ  
Rogers, Paula.....Volunteers  
Sanford, Violet.....Father, John Wannow  
Skiba, Carroll.....Sara Skiba

## Thank You All for Your Donations

Anderson, Marie  
Anderson, Ruth  
Bakun, Dolores  
Bates, Patricia  
Bovaird, Stephanie  
Brochu, Carol  
Buechler, Steven  
Cain, Sr, Lee  
Carlisle, Nancy  
Cecka, Jane  
Crump, Sandra  
Dairkee, Sabir  
Daniele, Patricia  
Eide, Betty  
Erickson, Phillip & Donna  
Everts, Helen  
Feudner, Miley  
Forsmark, Lewis  
Foss, Betty  
Franz, Don & Pat  
Gingerich, Rose Ann  
Goldman, Marilyn  
Hackbarth, Bernadette  
Halloran, Doris  
Hamel, Carolyn  
Hammen, Donald L  
Hang, Rou-Chi  
Hardimon-Jackson, Pamela  
Haynes, Mae  
Hayzlett, Sue  
Hendrickson, Carolyn  
Hill, Josephine  
Hotchkiss, Pat  
Inberg, Aviva  
Iverson, Margaret  
Jack, Eddie  
Johnson, Josephine  
Johnson, Mary Lynn  
Johnson, Ramona  
Johnson, Robert H  
Jones, Winnifred  
Judge, Thomas  
Just, William & Dorene  
Kanne, Svea  
Kettlewell, Jack  
Larsen, Judith  
Leduc, Jane  
Lindgren, Nancy  
Lindquist, Shirley  
Loiselle, Audrey  
Long, Delores  
Mack, JoAnn  
Madsen, Lillian  
Mikkola, Phoebe  
Mileski, Mary  
Moe, Robert & Barbara  
Mohlis, Marjorie  
Morrison, Beverly  
Myrick, Dorothy  
Naylor, Lorene  
Nicoll, Alison  
Olson, Bergit  
Peabody, Marjorie  
Pederson, Cheryl  
Peterson, Barbara  
Quarnstrom, Carrie  
Rodeck, Will  
Schimmel, Susanne  
Schultheis, Cathy  
Skiba, Carroll  
Smith, Marion  
Sullivan, Katherine  
Tellett, Lucille  
Tichy, Charles & Audrey  
Tyree, Linda  
Vanslooten, Mary  
Vork, Leslie  
Wedekind, Mrs. E.A.  
Wetley, Robert



## Snow Removal

Our workers will remove snow from your driveway and sidewalk. The snow will be removed within 24 hours of the snow stopping. Snow removal services will be completed under circumstances where there is 2 or more inches of snow present. This is not a one-time service or emergency service, it is recurring, so you would need to sign up for the season. There is a 1 hour minimum. Rates are based on your monthly household income. Please sign up by filling out the sign up sheet.

## Minor Repairs

Do you have a “honey-do” list of minor repairs? Our outstanding maintenance workers are available to help replace faucets, install grab bars, replace doorknobs and much more. There is a 1 hour minimum per visit. Rates are based on your household monthly income. Please request service by calling Bethany at (952) 767-7886.

## Painting

With the colder weather approaching have you noticed that there are rooms in your house that need freshening up? Or maybe an on-going painting project which needs to be completed? HOME painters can help! Our workers are able to do both interior and exterior painting. Hourly rates are based on your monthly household income. To request painting contact Bethany at (952) 767-7886.



## Homemaking

Do you need help with routine house cleaning? We have wonderful homemakers who can give you a hand with vacuuming, dusting, mopping floors, cleaning bathrooms, changing bed linens, laundry, grocery shopping and errands. Cleaning help is provided on a regularly scheduled, on-going basis. We do not offer one-time or occasional “as you need it” service. There is a 2 hour minimum per visit. Services are eligible for our sliding scale hourly rates based on income. Please call Valerie at (952) 767-7893 for more information or to sign up.



## Autumn & Winter Volunteers

Raking and yard clean-up generally begins around mid-October by volunteers. Keep in mind we will do our best to find a volunteer group to help with your raking, but it depends upon the availability of volunteers. Once a volunteer has been scheduled, you or someone from your home will need to be home while the raking is being done. You are responsible to provide the compostable bags for leaves and dispose of the yard waste. Volunteers do not expect treats but they are always welcomed. Volunteers enjoy verbal appreciation. If you want to give them a thank you note, just send to Jeanne and she will forward the note to the volunteer. There is no need to call us once you have signed up for raking. We will contact you to schedule a volunteer as they become available in your area. If you have specific questions about volunteers, contact Jeanne at [scsvolunteer@seniorcommunity.org](mailto:scsvolunteer@seniorcommunity.org) or (952) 767-7894. Please note that we are not able to clean gutters or haul anything away.

Name : \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_



**We ask that you sign up for outdoor service each season.**



You will not automatically be on the snow removal list because you had service last year. Service is dependent on the availability of workers and volunteers. Please fill out the form completely. Please check only the items you need. It is not necessary to check items of potential interest at a future time. Cut this page on the dotted line and return it to us in the enclosed envelope. HOME will contact you to confirm details for service(s) requested below. Processing and assigning seasonal workers can take several weeks.

**Please check any services you are requesting & mail the form back**

### **Bingo for Fun!**

\_\_\_\_\_ I will attend

Come for the Bingo ...  
stay for the fun!

**Fri., Nov. 3 at 1:00PM.**

**Location:** CreekView

Recreation Center

5001 Humboldt Ave N,

Minneapolis, MN 55413

Date/time will be confirmed

### \_\_\_\_\_ **Snow Removal**

### \_\_\_\_\_ **Free Health & Safety Assessment**

\_\_\_\_\_ **I would like more information about the  
Best Buy Assured Living Program**

\_\_\_\_\_ **I am a Thrivent Member and would like more  
information on how to use my Choice Dollars**



### **Volunteer Requests:**

\_\_\_\_\_ Raking \_\_\_\_\_ Typical # of bags to be filled with leaves

\_\_\_\_\_ Friendly Visitor (weekly 1 hour visit- as volunteers become available)

\_\_\_\_\_ Other Volunteer Requests \_\_\_\_\_

**Raking is generally done mid October to mid November**

**Please return by September 22nd, 2017**

## Household and Outside Maintenance for Elderly

### Senior Community Services

10201 Wayzata Blvd Suite #335  
Minnetonka, MN 55305 - 1563  
www.seniorcommunity.org

NON-PROFIT  
ORG.  
U.S. POSTAGE  
PAID  
Hopkins, MN  
PERMIT #76

**Current Resident or :**



**HOME Program by Senior Community Services**  
“Join us in our efforts to mobilize the community to reimagine aging.”

## Are you a Thrivent member?

Choice Dollars<sup>®</sup> directions can help support Senior Community Services!

Simply go to [Thrivent.com/thriventchoice](http://Thrivent.com/thriventchoice) to learn more and find program terms and conditions. Or call 800-847-4836 and say “Thrivent Choice” after the prompt. Together, we can do even more to help strengthen communities and change lives.



## Household and Outside Maintenance for Elderly 952-746-4046

HOME is a program of Senior Community Services, a non-profit agency funded under contract with the Metropolitan Area on Aging. HOME complies with Title VI of the Civil Rights Act and Section 504 of the Rehabilitation Act of 1973.