

Caregiver Support Groups



Plymouth Creek Center: 14800 34th Ave. N, Plymouth 55447

3rd Wednesday of each month, 10—11:30 AM

Contact: Susan Makela 763-509-5284

Edina Senior Center: 5280 Grandview Square, Edina 55436

1st Thursday of each month, 1—2:30 PM

Contact: Becky Allard 952-746-4028

Chanhassen Senior Center: 7700 Market Blvd., Chanhassen, MN 55317

1st Thursday of each month, 1:30—3:30 PM

Contact: Lee Ann Eiden 952-934-3370

Minnetonka Community Center, 14600 Minnetonka Blvd., Minnetonka

2nd Thursday of each month, 10—11:30 AM

Contact: Lisa Engdahl 952-767-7891

Eden Prairie Senior Center, 8950 Eden Prairie Road, Eden Prairie

3rd Thursday of each month, 4:30—6 PM

Contact: Lee Ann Eiden 952-934-3370

These are open groups that caregivers may join at any time. There is no fee for group participants. Group sessions focus on helping individual caregivers as they care for themselves and loved ones. The support group is a place to share experiences, struggles, humor, coping strategies, and learn from one another. Education and empowerment opportunities are presented as well.



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