



Senior Community Services

10201 Wayzata Boulevard, Suite 335
Minnetonka, MN 55305
952-541-1019
www.seniorcommunity.org

Educational Opportunities

Senior Community Services offers presentations for businesses on pertinent aging topics. These classes can be customized depending on your individual needs. Classes range from 1-2 hours in length.

HOME Program Presentations

Stay Safe at Home

Did you know that, according to the National Council on Aging, one-third of Americans aged 65+ falls each year? Join us to learn fall prevention tips and find out more about a Home Health and Safety Assessment. Members of the HOME team from Senior Community Services will lead a presentation explaining how we can assist in making safety improvements that will keep you in your home.

For more information on HOME Program presentations, please contact:

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Director of Development

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Senior Community Services

Senior Outreach & Caregivers Services Presentations

Resources to Maintain Senior Independence

Older adults can encounter many challenges to their independence. In addition to its many rewards, caregiving for a loved one can also present difficulties. Various approaches and services can help support older adults who want to continue living at home.

CareNextion – Engaging Others in Care

Caregivers often wish they had an extra pair of hands to help their loved one. CareNextion is a web-based solution that makes caregiving more efficient, engages help with tasks and keeps everyone “on the same page.”

Caregiving 101

Many caregivers feel alone in fulfilling this important role, yet nearly 1 in 4 workers age 46 to 64 are caregivers for a family member. This presentation covers caregiving trends and resources that support caregivers as well as the older adults for whom they care.

How to Create Your Health Care Directive

People of all ages are encouraged to have a health care directive. This presentation teaches the importance of a health care directive, how to create one, and how to use it. Different tools will be presented so you can make the best directive for you!

Understanding the Caregiver Experience

This presentation focuses primarily on the caregiver: definitions and demographics of caregiving, challenges faced by caregivers, the caregiver experience, caregiver supports, including and self-care.

Crisis Averted – A Little Planning Goes a Long Way

This presentation provides a basic overview of planning for the future. It touches on topics that include personal assessment of needs and values, housing options, financial planning, advance care planning, and health care directives.

Difficult Conversations with Our Parents

Discussing sensitive issues with our parents, like driving and age-related changes, can be challenging. Learn helpful communication techniques in dealing with an older adult facing life transitions.

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