



SENIOR
COMMUNITY
SERVICES

Family Caregiver Counseling

An individualized, person-centered service designed to support caregivers by helping them with their decision-making and problem-solving.



612-770-7005

seniorcommunity.org/caregiver-support

Contact us directly, submit an online referral, or provide this information directly to family members.

This service is supported, in part, by Hennepin County, municipalities, and Title III grants from Trellis & CMCOA.

We focus on the family so you can care for your client.

Our team of experienced, licensed Social Workers are **certified caregiver consultants** who provide assistance and support needed by family caregivers of the clients you serve.

There is **no cost** to your client or their family for this service, which is covered by:

- Elderly Waiver (S5115)
- Minnesota Senior Health Options (MSHO)
- Our agency grant in Carver, Hennepin, Scott, Sherburne, and Wright counties for clients at the top of their allocation

We offer this service in person and via Zoom, telephone, or email.

Additional services for caregivers

Caregiver Support Groups and **Memory Cafes** are held in several west metro Twin Cities community locations and virtually via Zoom.



CareNextion.org is an award-winning, free, secure online tool (and mobile app) that provides care teams of families and friends with centralized communication, including task scheduling & assignment, journaling, and local resources.

Features and functions of CareNextion are available across the United States and around the world. In Minnesota, users may also consult with a licensed social worker and access a list of statewide resources.