

Assistive Technology Support for Caregivers

MEMORY, COGNITION, COMMUNICATION, & PERSONALITY		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Forgetting appointments and events. Exhibiting restlessness or anxiety and needing more structured routines. Trouble processing or remembering new information.		
Echo dot	Reminder tool and virtual assistant. Create reminders, lists, alarms, routines, and play music. Requires Wi-Fi and smart phone/tablet for set up.	2022 Echo Dot 5th Gen Smart Speaker Charcoal Amazon
Echo Home hub	Reminder tool and virtual assistant. Create reminders, lists, alarms, routines, and play music. Can connect with smart home accessories (Zigbee) like lights, plugs, switches for voice control. Requires Wi-Fi and smart phone/tablet for set up.	Echo (4th Gen) With premium sound, smart home hub, and Alexa Charcoal

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MEMORY, COGNITION, COMMUNICATION, & PERSONALITY

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Echo Show 15	Reminder tool and virtual assistant. Create reminders, lists, alarms, routines, and play music. Video drop-in and auto answering for family members. Requires Wi-Fi. Stand is recommended.	Amazon Echo Show 15 Full HD 15.6" smart display for home organization, with built in Fire TV and Alexa Black B0C5DPSW5Y – Best Buy Amazon.com: Laivli Swivel and Tilt Stand for Echo Show 15 (1st, 2nd Gen), Echo Show 21, and Echo Hub with 360° Rotatable Base, Supports Portrait and Landscape Orientation : Electronics
Google nest hub	Virtual assistant to create reminders, alarms, and routines. Two-way video calling with family. Works as home hub for smart accessories that are Wi-Fi enabled. Requires Wi-Fi.	Nest Hub 7" Smart Touchscreen Display with Google Assistant (2nd Gen) Chalk GA01331-US – Best Buy
Google nest smart speaker	Virtual assistant to create reminders, alarms, and routines. Requires Wi-Fi	Google Nest Audio Smart Speaker Chalk GA01420-US – Best Buy
Reminder Rosie	Record customized voice reminders. No Wi-Fi required.	Reminder Rosie 2- Tall, Alarm Clocks: Maxi-Aids, Inc.

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DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Large dry/erase white board calendar	Monthly visual calendar. Add appointment reminders and customize as needed.	Amazon.com : MaxGear Dry Erase Calendar Board 24" x 18" Magnetic Monthly Double-Sided Calendar Whiteboard with Black Aluminum Frame for Wall, Classroom, and Office Use : Office Products
Relish Day Hub	Large visual clock display with audio task alerts and check list. Targeted to people in early stages of Dementia. No Wi-Fi required.	Relish Day Hub™ – Dementia Reminder Clock
Digital talking alarm clock	Large visual clock with up to 20 customizable reminders. No Wi-Fi required.	Large Digital Talking Alarm Clock 7.5 Inch
Voice recorder	Record audio notes throughout the day like appointments, conversations, or reminders to reference later.	Micro-Speak Plus Talking Digital Voice Recorder LS&S
Otter AI	Use transcription and recorder apps on smart phones. Android or Apple.	Otter Meeting Agent – AI Notetaker, Transcription, Insights

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MEMORY, COGNITION, COMMUNICATION, & PERSONALITY

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Tablets for leisure access, reminders, applications, and structuring routines	Note: choose a tablet that is compatible with the person's smart phone or platform they are comfortable using. Ex. Apple Vs. Android Consider a screen protector and case for the device. Wi-Fi connection required for most applications. cell data is not required unless needing to use in the community.	Samsung Galaxy Tab A9+ 11" 64GB Wi Fi Graphite SM-X210NZAAXAR – Best Buy Apple 11 inch iPad A16 chip with Wi Fi 128GB Silver MD3Y4LL/A – Best Buy
Set reminders on smart phone	Set reminders for medications, drinking water, appointments, etc. Some devices allow for shared reminders between phones.	Share and assign reminders on your iPhone or iPad – Apple Support Set up reminders for your notes – Android – Google Keep Help
GrandPad	Simplified version of a tablet geared toward older adults. Requires a subscription.	Bring families together with GrandPad
Apple air tags	Attach onto keys, wallet, purses, and other commonly misplaced items. Requires smart phone or tablet with app.	Buy AirTag – Apple

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MEMORY, COGNITION, COMMUNICATION, & PERSONALITY

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Tile mate	Attach onto keys, wallet, purses, and other commonly misplaced items. Tile mate has SOS button option and phone finder. Requires smart phone. Works with Life 360 app on Apple or Android.	Tile by Life360 Life360 Tile Mate Bluetooth Tracker, Keys Finder and Item Locator. iOS and Android Compatible. 4 Pack Black RE-60014 - Best Buy

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DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Other strategies for reminder cues, memory compensation, cognition, and structuring routines.	<ul style="list-style-type: none">• Sticky notes with reminders around the house. Ex. "Don't forget your phone."• Have designated places with labels for keys, wallet, bag, etc.• Declutter drawers and spaces and reduce overstimulation. Think high contrast to organize spaces.• Make things simple and easy to find to reduce anxiety.• Have the person keep a journal, daily log, or planner to document day.• Work with the person to create a consistent and predictable routine.• Incorporate new hobbies or preferred interests into the daily routine.• Encourage the person to carry their phone, wallet, or keys on a belt clip or lanyard.	

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MEMORY, COGNITION, COMMUNICATION, & PERSONALITY

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Difficulty accessing and navigating communication devices or initiating and answering phone calls.		
Picture landline phone	Landline phone with pictures	Future Call Picture Phone with Speakerphone FC-1007SP, Telephones: Maxi-Aids, Inc.
Smart phone accessibility for Apple products	iPhone assistive access to simplify iPhone and increase usability. Other accessibility settings include font size, contrast, read aloud, text to speech, hearing, etc.	Assistive Access User Guide - Apple Support Get started with accessibility features on iPhone - Apple Support
Smart phone accessibility for Android products	Assistive Menu for simplifying phone access Other accessibility settings include font size, contrast, read aloud, text to speech, hearing, etc.	Use the Accessibility Menu - Android Accessibility Help Android Accessibility Help
ViewClix	Auto answer and 2-way video calling. Invite unlimited amount of family members. Upload personal photos remotely. Requires a monthly subscription.	ViewClix How It Works

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MEMORY, COGNITION, COMMUNICATION, & PERSONALITY

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
<p>Trouble using cash, credit, or check and/or misplacing these things more often. Forgetting to pay bills on time.</p>		
Digital wallet and Auto payments	Digital wallet requires a smart phone. Auto pay can be set up with the person and caregiver.	Set up Apple Pay in Wallet on iPhone – Apple Support

WANDERING

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
<p>Exhibiting wandering behaviors like leaving the house for no reason or at odd hours, getting lost in the community, and disoriented at home. Trouble navigating directions.</p>		
Theora smart watch	GPS tracking, SOS button, fall detection. Requires a monthly subscription.	Product Category – Theora Care™
Boundary care smart watch	GPS tracking, fall detection, and emergency calling. Made for apple watch or iPhone. Requires a monthly subscription	Overview of BoundaryCare – BoundaryCare
Life 360 App for Apple or Android	Location sharing, real time location alerts, phone low battery alerts. Requires a subscription to use advanced features	GPS Location Tracking App Locator App Features Life360
Location sharing on iPhone	Share location with other iPhone users in the family.	Share your location with iPhone – Apple Support
Location sharing on Android	Share location with other Android users in the family.	Manage your Location Sharing settings – Computer – Google Account Help
AngelSense	Wearable GPS monitoring. SOS button. Requires subscription.	Assistive Technology for Autism & Special Needs – Order Now!

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WANDERING		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Third Reality contact door sensor	Alerts caregiver on phone app when door is opened. WORKS WITH ZIGBEE HUB ONLY (Amazon Echo 4 th Gen, Aeotec Hub – look for Zigbee enabled) Requires Wi-Fi	Door & Window Sensor – ThirdReality
Third Reality motion sensor	Alerts caregiver on phone app when motion is detected WORKS WITH ZIGBEE HUB ONLY (Amazon Echo 4 th Gen, Aeotec Hub – look for Zigbee enabled) Requires Wi-Fi	Motion Sensor – ThirdReality
Securi Door open sensor	Chime sounds when door is opened. No Wi-Fi required	SECURI Door Chime, Door Open Sensor Chime for Business/Home when Entering, Adjustable Volume, Easy installation, 400ft Range, 52 Chimes, M508+D7 – Amazon.com
Ring video doorbell	Get notification and video access when motion is detected near doorbell. Consider wired Vs. Battery. Wired hooks to existing doorbell and requires installation. Wireless attaches to door frame with screws and easier to install. Requires Wi-Fi and phone app.	Doorbell Cameras – Wireless & Wired Doorbells Ring

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WANDERING		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Labels for rooms	<p>To help limit confusion and guide the person to where they need to go.</p> <p>If DIY: use large bold lettering and high contrast.</p> <p>Tip: Lime is one of the last colors someone with dementia can see.</p>	<p><u>Dementia Care 80+ High Contrast Household Labels - for Caregivers, Dementia, Alzheimer's, Memory Loss, Nursing Home, Assisted Living - Etsy</u></p>
Other strategies to reduce wandering	<ul style="list-style-type: none">• Add in a daily hobby or activity of interest at times the person tends to wander.• Keep routine consistent, and limit overstimulation to reduce anxiety that may lead to wandering.• Ensure all basic needs are met and the person is not in pain as this can lead to wandering.• Put a STOP sign or posters on external doors• Place felt covers on internal doorknobs to keep the person from going into unsafe rooms.• Speak with trusted neighbors about the risk of wandering so they can help monitor if needed.	

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MOBILITY AND COORDINATION

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Increased risk for falls or falling more often, needing heightened remote monitoring		
Smart watch	Most smart watches have fall detection or SOS button to call a caregiver.	See above for specific watch recommendations.
Cordless floor mat sensor	Alerts the caregiver when it detects pressure on the floor mat. Place at bedsides, near furniture, or exit doors. Cordless. No Wi-Fi required	Amazon.com : Smart Caregiver Economy Cordless Fall Monitor and Cordless Floor Mat Sensor Bundle with Pouch of 30 Cleaning Wipes : Electronics
Bed Exit Sensor	Alerts the caregiver when the person stands from a bed or chair.	Amazon.com: Smart Caregiver Bed Exit Alarm with Wireless Pager – Early Alert Fall Prevention for Seniors and Elderly – Weight Sensing Bed Pad Alerts Caregiver When They Get Up – USA Company and Customer Service : Industrial & Scientific
Motion sensor lights	Consider battery operated vs. rechargeable. Where and how will the light be attached – backing tape vs. plug-in Consider placement for nighttime or high risk fall areas like walkways to the bathroom, stairways, or inside the bathroom.	MAZ-TEK Plug in Motion Sensor Lights with Adjustable Brightness, Warm White Motion Activated Led Night Light for Hallway, Stair, Corridor, Kitchen, Living Room, Garage, Basement, Utility Room, 2 Pack – Amazon.com

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MOBILITY AND COORDINATION

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Caregiver pager	Works in the home to alert caregiver with a chime when the person presses the call button. No Wi-Fi required.	Amazon.com: SYNLETT Caregiver Pager Wireless Call Buttons for Elderly Monitoring SOS Alert System Portable Alarm for Nurse Call Seniors Patients Emergency Home : Office Products
Durable medical equipment covered by insurance	Shower chair Toilet seat raiser Transfer benches Hospital bed Walking aids: scooters, canes, wheelchairs, rolling walkers. Lift chair (partially covered)	Speak with the physician to get a referral for any of the listed equipment to be covered by insurance with therapist recommendation. Connect with a durable medical equipment provider to supply the equipment.
Furniture raisers	Elevate beds, chairs, etc. to make it easier to stand from furniture and reduce fall risk.	Amazon.com: Yookwutar 4 Pack Furniture Risers 1 Inch, Adjustable Bed Risers Heavy Duty for Table Desk Couch Chair Sofa Cabinet Bed Legs Dorm, Square Stackable Bed Risers Blocks Lift Height 1", 2" or 3", Black : Home & Kitchen

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MOBILITY AND COORDINATION

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
AbleNet smart link	Central hub to control multiple lights or other accessories with single or multiple switch buttons. No Wi-Fi required.	PowerLink 4 (North America)
Remote control lamp	Plug in attachment to remote control any lamp. No Wi-Fi required.	Westek 1 Amp to 15 Amp 1-Outlet Indoor Wireless Remote Control System Grounded Outlet, White (3-Pack) RFK1636LC - The Home Depot
Lotus ring	Control light switches with the touch of a wearable ring. Switches attach as a magnet over the existing light switch. Easy installation. No Wi-Fi required.	Lotus: Control Objects at Home by Pointing
Smart plug	Voice control lamps. Requires Zigbee enabled hub like echo 4 th generation or Aeotec hub. Requires Wi-Fi.	Smart Plug Gen2 (Power Metering) - ThirdReality
Smart light switch	Voice control light switches. Requires Zigbee enabled hub like echo 4 th generation or Aeotec hub. Requires Wi-Fi.	Smart Switch Gen3 - ThirdReality

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DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Other strategies to reduce falls	<ul style="list-style-type: none">• Ensure good lighting throughout the home.• Remove clutter, tripping hazards like cords and loose rugs.• Ensure a clear pathway.• Use contrast tape on stairs• High contrast furniture, i.e., lighter chairs on darker background. Tip: Avoid darker furniture or rugs on a light background as this may be mistaken for a hole in the wall or floor and cause anxiety.• Place non-slip mats in bathroom, tub, and kitchen.• Avoid patterns	

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ACTIVITIES OF DAILY LIVING (ADLS)

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Difficulty initiating or completing ADL tasks: Forgetting to turn off the stove or faucet, forgetting to take medications, trouble getting dressed for the day, or difficulty knowing how to use a certain utensil for a specific task. Difficulty with meal preparation and spilling cups or food more often. Difficulty accessing leisure occupations like managing the TV or reading.		
Reminder tool for daily ADL completion	Tip: Create routines with echo or google devices. Ex. Every time it detects coughing it reminds the person to drink water. Ex. Every time the person walks into the bathroom it reminds the person to use the bathroom.	See above for different reminder aids
Labels for clothing drawers, kitchen drawers, tools, etc.	Can be printed online or made at home.	Memory Loss Labels – Dementia Stickers – Memory Loss – Stickers for Dementia – Available in Single Sheets or a Pack of 8 – Etsy

Kitchen safety concerns

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Brava smart oven	Uses lights to cook food, automatic shut off when food is done, and simple recipes.	The Brava

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Kitchen safety concerns		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Stove knob covers	Cover stove knobs when stove should not be used or as dementia progresses you can also unplug the stove.	Amazon.com: 2Pcs Adjustable Stove Knob Covers – Pet Proof Safety Locks for Gas/Electric Ovens, Heat-Resistant Silicone with Non-Slip Adhesive Universal Fit Kitchen Appliance Protectors : Appliances
Kitchen timer	High contrast and large lettering for low vision.	Amazon.com: Tactile Low Vision Timer-White Dial, Black Numbers : Home & Kitchen
Automatic stove shut off	Automatically turns off the stove when it detects smoke or fire.	Stove Fire Prevention Fire Avert Gas or Electric Stove Shut Off Device Senior Safety Device Shuts off Burners if a Kitchen Fire Occurs Monitoring Also Available Alzstore
Smart smoke alarm	Sends alerts to caregiver phone for fire or CO2 emergency. Consider wired or battery powered. Requires Wi-Fi.	First Alert Smoke and Carbon Monoxide Detector Battery Powered White FSMCO600NVCL1 – Best Buy

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Kitchen safety concerns		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Fire/CO alert signaling hub	Notify the person of emergency alerts like fire or CO2 alarm with a visual cue. Geared toward hearing impaired individuals.	Sonic Alert HomeAware II Signaling Hub (HA360M-II)
Water leak sensor	Get real time alerts to phone when water is leaking. Requires Zigbee enabled hub like echo 4 th gen or Aeotec hub. Requires Wi-Fi	Aeotec Water Leak Sensor (Zigbee)
Electric can opener	Open cans hands free to compensate for weakness or vision impairments.	Amazon.com: Kitchen Mama Auto Electric Can Opener: Safe, Easy with One Touch, Smooth Edge, Battery Operated, Cordless, Automatic Can Opener for Seniors with Arthritis, Hand Free Appliances, YES YOU CAN (Sky Blue) : Home & Kitchen
Jar/bottle/can opener	Increase ease of various kitchen tasks when weakness in hands is present.	Amazon.com: Otstar Jar Opener Bottle Opener and Can Opener for Weak hands, Seniors with Arthritis and Anyone with Low Strength, Mutil Jar Opener Get Lids Off Easily (Blue and Grey) : Home & Kitchen

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Kitchen safety concerns		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Rocker knife	Increase safety in chopping foods as depth perception is impaired.	Amazon.com: Checkered Chef Salad Chopper Tool with Cover, Mezzaluna Knife Stainless Steel Vegetable Rocker, Mincer, Cutter: Home & Kitchen
Food chopper	Increase safety in chopping foods as depth perception is impaired.	Amazon.com: Fullstar The Original Pro Chopper – Vegetable Chopper and Spiralizer, Food Chopper with Container, Fruit Slicer, Kitchen Gadgets & Accessories, Home Essentials (4 in 1, White): Home & Kitchen
Drinking cup	Easy to hold and non-spill cup.	Amazon.com: Independence 2-Handle Plastic Mug with 2 Style Lids, Lightweight Drinking Cup with Easy-to-Grasp Handles for Hot and Cold Beverages, Spill-Resistant Adult Sippy Cup (2-Pack) : Health & Household

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Kitchen safety concerns		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Scoop bowls	Non-slip and suction bowls for eating	Amazon.com: Hushee Adaptive Spill Proof Scoop Bowl and Plate Set with Suction Base Non Skid Self Feed Dinnerware for Elderly Disabled Handicapped from Parkinsons, Dementia, Stroke, Tremor(2 Sets,White) : Health & Household
Dycem mat	To stabilize plates, bowls, jars, etc.	Mats - Dycem Non Slip US Shop

Grooming/hygiene tasks		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
3-sided toothbrush	To encourage successful completion of task.	Dr. Barman's Triple head toothbrush cleans 3 surfaces simultaneously!
Long handled sponge	To reduce falls in the shower and promote success in task.	Amazon.com : LFJ 19" Long Handle Shower Sponge Brush Set, 3 in 1 Body Brush, Bath Sponge and Lotion Applicator Improved Skin Health, Suitable for Men and Women (White Brush-1P) : Beauty & Personal Care

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Dressing tasks		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Elastic shoelaces	Replace standard laces with elastic shoelaces.	Amazon.com: Xpand No Tie Elastic Shoelaces with Hidden Lace Locks. Tieless Stretch Comfort. One Size Fits All for Sports and Training : Clothing, Shoes & Jewelry
Other strategies for dressing tasks	<ul style="list-style-type: none">• Transition to pullover tops, elastic waist bands, slip on shoes, and Velcro closures.• Lay out outfit options for the day.• Declutter closet and drawers.• Add labels to all drawers and closets with a picture.	

Medication management		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
7-day pill organizer	Standard pill box to organize medications. Tip: consider pairing with a reminder cue from phone, watch, or another virtual assistant like Alexa or Google.	Amazon.com: EZY DOSE Push Button (7-Day) Pill Case, Medicine Planner, Daily Vitamin Organizer, 2 Times a Day AM/PM, X-Large Compartments, Arthritis Friendly, Easy to use, Clear Lids, Purple and Blue, BPA Free : Health & Household

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Medication management		
DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Time cap for bottle last opened	Shows when bottle was last opened.	Amazon.com: TimeCap & Bottle Last Opened Time Stamp with Reminder : Health & Household
I remember talking 7-day pill organizer	Automatically tracks doses and sends audio reminders.	iRemember Talking 7 Day Pill Organizer
Vibrating medication reminder watch	8 reminders per day with audio or vibrating alerts.	e-pill 8 Alarm Vibrating Medication Reminder Watch
Braille pill box	Audio and flashing reminders for hearing impairments.	Braille Pill Box with Audible and Flashing Reminders
Dose health	Audio alerts and automatic pill dispenser. Locked case with caregiver notification if pill is missed. Requires subscription.	Dose Health – Assistive Technology For Medication Management, Health Reminders, And Medical Alerts
MedMinder	Medications are organized, delivered, and automatically dispensed. Customizable alerts and remote monitoring. Requires subscription.	MedMinder Automatic Pill Dispenser for Medication Adherence – MedMinder

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Increasing access to leisure activities

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Large button remote	Universal remote to simplify access to the TV	Amazon.com: EZclicker Big Button Universal TV Remote (Black) Simple Easy to Use, Great for Seniors, Works with Major TV Brands (2xAAA Batteries Not Included) : Electronics
Magnifiers	To help read letters, books, mail, etc. Tip: Visit a low vision store to help in trialing and deciding what device works for the person and their vision needs. Low Vision Products for Independent Living The Low Vision Store	Amazon.com: Brightech LightView Pro Flex 2 in 1 Magnifying Desk Lamp, 2.25x Light Magnifier, Adjustable Magnifying Glass with Light for Crafts, Reading, Close Work : Tools & Home Improvement

Remote monitoring for safety/falls and ADL task monitoring

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
Ring stick up camera	Use indoor cameras to monitor kitchen safety, falls, motion detection, and when to follow up and check in with the person. Consider wired vs. wireless. Consider how it will be mounted and where. Note: Indoor cameras should not be placed in the bedroom or bathroom for privacy reasons.	Outdoor Cam Plus, Battery with 2K Video and Ring Vision, Low Light Sight, and Mount Anywhere Versatility White B0D241GHP5 – Best Buy

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Remote monitoring for safety/falls and ADL task monitoring

DEVICE	DESCRIPTION AND REQUIREMENTS	LINK TO ORDER
NOMO smart care	Motion and door alerts, medication updates, and non-wearable fall detection without cameras. Requires subscription.	Nomo Smart Care Elderly Monitoring System Elderly Fall Detection & Medical Alert Devices
Other strategies to encourage ADL completion	<ul style="list-style-type: none">• Create picture boards for task completion, i.e., visual steps to brush your teeth posted in the bathroom.• Incorporate ADL tasks into the daily routine completed at same time each day with reminder cues.• Declutter and simplify the kitchen, closets, bathroom, and drawers.• Use labels for all items throughout the home.• Have pre-prepped meals in the fridge that are clearly labeled.• Create a high contrast set up for mealtimes such as a lighter plate on a darker place mat.• Ensure all basic needs are met to reduce anxiety, restlessness, or wandering.	

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