

Minnetonka Memory Café

Winter/Spring 2023



A Memory Café is a welcoming place for people with cognitive impairment and their caregivers. Socialize and share experiences with purposeful activities, library resources, and be a part of our caregiver support group. Light refreshments are provided.

Dementia-trained staff from MacPhail Center for Music will lead music-focused programs for the winter/spring sessions. Check-out books, resources and programs about living with dementia at the Minnetonka Community Center.

The Cafés for winter/spring 2023 are as follows:

First Tuesday of the Month 1:30-3 p.m.

Geared toward those in the beginning stages of dementia. Those in the beginning stages who still enjoy learning, are engaged, and have “fun in the moment”.

January 3	#2180701-01
February 7	#2180701-02
March 7	#2180701-03
April 4	#2180701-04

Third Tuesday of the Month 1:30-3 p.m.

Geared to those in the middle stages of dementia. Those in the middle stages can still participate in daily activities, but may need more assistance.

January 17	#2180701-05
February 21	#2180701-06
March 21	#2180701-07
April 18	#2180701-08

Immediate caregiver & loved one with dementia may register for one Memory Café per month. Registration is required for both.

The Minnetonka Memory Café is part of the City of Minnetonka’s continuing efforts to make Minnetonka a more dementia friendly community.

Minnetonka Community Center 14600 Minnetonka Blvd 952-939-8393 minnetonkamn.gov/register

