

Meet Bob Anderson, MSW, LISW Social Worker



I earned my Masters of Social Work (MSW) from the University of Minnesota and have been a practicing Social Worker for the past 6-1/2 years. While working on my MSW I interned with FamilyMeans in Washington County and Mental Health Resources' (MHR) Dakota County ACT team.

Prior to arriving at Senior Community Services I was employed with Catholic Charities and worked as a Care Coordinator on their UCare MSHO/MSC+ team. In looking for an opportunity to expand and broaden my skills and experiences I was fortunate to become part of SCS's Senior Outreach & Caregiver Support team in January 2018.

In my experiences, social work breaks barriers by helping individuals **navigate** complex health & human services systems, **access** the resources that will help them maintain their independence and wellbeing, and **advocate** for them to ensure they are seen and heard.

**SOCIAL WORK
BREAKS BARRIERS**

Though I'm retiring soon, my social work colleagues will continue to support the many communities I've been privileged to serve including **Bloomington, Edina, Hopkins and Richfield**. Experienced members of my team will continue to:

- Research programs and services
- Contact agencies and organizations to inquire about and clarify services and eligibility
- Assist with completion of application or renewal materials
- Make phone calls to service providers/businesses/government offices to advocate for individuals' issues and/or concerns
- Provide consultation and advice to individuals caring for family and friends



Pro tip for caregivers:

Be willing to **accept the assistance** offered by family and friends. We have all had (or will have) a time in our lives where we can't do something by ourselves. Be willing to set aside your pride and/or self-judgment and accept the help that is offered to you.